

IN THE CLAIMS:

Please cancel claims 12, 16, 17 and 28.

Please amend claims 1-9, 11-15 and 18-27 as follows:

1. (Once Amended) A ~~[sports board] skateboard~~ that is ridden by a person standing upon it comprising:

an elongated metal board [having a length L1 in the range of 24-60 inches and a width W1 in the range of 5-12 inches]; said metal board having a front end, a rear end, a top surface, a bottom surface, a left edge and a right edge; and [an] a hollow keel [is formed on said bottom surface] located between said bottom surface and said top surface of said metal board and [it extends from said front end to said rear end] extending substantially the length of the board; said keel having a height H1 and a width W2 and W2 is [at least as great as] greater than H1.

2. (Once Amended) A ~~[sports board] skateboard~~ as recited in claim 1 wherein said hollow keel has a substantially rectangular configuration.

3. (Once Amended) A ~~[sports board] skateboard~~ as recited in claim 1 further comprising [an] a hollow left rail and [an] a hollow right rail [formed on said bottom surface] located between said bottom surface and said top surface adjacent said respective left and right edges and said hollow rails [extend] extending substantially the length of said metal board.

4. (Once Amended) A ~~[sports board] skateboard~~ as recited in claim 3 wherein said metal is aluminum.

5. (Once Amended) A ~~[sports board] skateboard~~ as recited in claim 3 wherein said metal board has an arcuate shaped front end and an arcuate shaped rear end.

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6. (Once Amended) A [sports board] skateboard as recited in claim ³ wherein plastic end guards are secured to said front and rear ends of said metal board.

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7. (Once Amended) A [sports board] skateboard as recited in claim 1 wherein said top surface of said metal board has a concave transverse contour.

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8. (Once Amended) A [sports board] skateboard as recited in claim 1 wherein said metal board has a bent-up front tip portion and a bent-up rear tip portion.

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9. (Once Amended) A [sports board] skateboard as recited in claim 1 further comprising front and rear skateboard trucks secured to said bottom surface of said metal board.

11. (Once Amended) A [sports board] skateboard that is ridden by a person standing upon it, comprising:

an elongated aluminum metal board having a front end, a rear end, a top surface, a bottom surface, a left edge and a right edge, and one or more longitudinally elongated cavity forming members.

13. (Once Amended) A [sports board] skateboard as recited in claim 11, wherein said one or more longitudinally elongated cavity forming members extend from the front end to the rear end of the board.

14. (Once Amended) A [sports board] skateboard as recited in claim 11, wherein said one or more longitudinally elongated cavity forming members includes a hollow keel extending from said front end to said rear end, said keel having a height H1 and a width W2 and W2 is [at least as great as] greater than H1.

15. (Once Amended) A [sports board] skateboard as recited in claim 11, wherein said one or more longitudinally elongated cavity forming members includes a hollow left rail and a hollow right

~~rail adjacent said respective left and right edges, said hollow rails extending the length of said metal board.~~

~~18. (Once Amended) A [sports board] skateboard as recited in claim 11, wherein said metal board has an arcuate shaped front end and an arcuate shaped rear end.~~

~~19. (Once Amended) A [sports board] skateboard as recited in claim 11, wherein plastic end guards are secured to said front and rear ends of said metal board.~~

~~20. (Once Amended) A [sports board] skateboard as recited in claim 11, wherein said top surface of said metal board has a concave transverse contour.~~

~~21. (Once Amended) A [sports board] skateboard as recited in claim 11, wherein said metal board has a bent-up front tip portion and a bent-up rear tip portion.~~

~~22. (Once Amended) A [sports board] skateboard as recited in claim 11, further comprising front and rear skateboard trucks secured to said bottom surface of said metal board.~~

~~23. (Once Amended) A [sports board] skateboard as recited in claim 11, wherein said board deflects less than 0.162 in. with a load of 200 lbs.~~

~~24. (Once Amended) A [sports board] skateboard as recited in claim 11, wherein said board deflects less than 0.203 in. with a load of 250 lbs.~~

~~25. (Once Amended) A method of manufacturing a [sports board] skateboard, comprising:
providing an elongated aluminum metal board having a front end, a rear end, a top surface, a bottom surface, a left edge, a right edge, and one or more longitudinally elongated hollow sections;~~